

Wellness customized on your needs

Build your regeneration path together with our wellness professionals. Pure essential oils, floral and spicy notes in the air. Silence, peace. Skilled hands move with gentle gestures on your face and your relaxed body. In addition to traditional massages, here you will find specialised wellness treatments and techniques that come from afar to awaken dormant energies and make your natural beauty shine in a new light. Treatments are available from 50 minutes to 80 minutes. Choose your target together with our professionals, and achieve it building an exclusive path to relax, regeneration and renew of your inner energies. Ask our specialists for more information.

Important to know

Entrance from 9:00 am to 08:00 pm (pool, wellness area and gym)

Treatment Bookings:

from Monday to Thursday, 11:00 am to 08:00 pm (pool and thermal area)

from Friday to Sunday, 9:00 am to 08:00 pm

All treatments can be changed or cancelled up to 4 hours before

Any cancellations inside 4 hours, or not showing up will result in 100% charge for the service

Children up to 18 years can enter the SPA only with an adult

Children up to 16 years are not admitted to wet areas

Children up to 16 years are admitted from 9:00 am to 5:30 pm

Access to SPA Facilities for non residents

Pool, Thermal Areas, Jacuzzi, Relaxation

	Monday to Thursday	Friday to Sunday
ADULTS	29 €	34 €
CHILDREN from 6 to 12 years	16 €	24 €
CHILDREN up to 5 years	Free admission	Free admission

SPA BOOKING CENTRE

Tel. +39.045.649.0177

e-mail: wellness@hotelprincipedilazise.com

HOTEL BOOKING CENTRE

Tel. +39.045.649.0177

e-mail: reservation@hotelprincipedilazise.com

HOTELPRINCIPEDILAZISE.COM



AQUAVITAE

WELLNESS & SPA

MENU 2022

ENGLISH VERSION

PRINCIPE di LAZISE

WELLNESS & SPA HOTEL

LAGO DI GARDA



Massages

Aquavitae menu 2022

FULL BODY MASSAGES

- Aroma therapy massage
massage with natural and essential oils for holistic well-being
- Deep tissue massage
slow and deep massage to restore the right muscle tone
- Hot stones massage
hot stone massage to harness the power of heat
- Lymph-drainage Vodder method
lymphatic drainage massage
- Swedish massage
massage and stretching to promote and stimulate blood circulation

50 min	80 min
79€	109€
79€	109€
79€	109€
79€	109€
79€	109€

Specials

- Garda massage
Garda olive oil massage based on the guest's wishes
- Principe massage
personalized massage for muscle well-being
- Principe massage for couples
personalized massage to share with someone special
- Pregnancy
specific massage designed for pregnant women starting from the 3rd month

50 min	80 min
79€	109€
79€	109€
	199€
79€	109€

Focus on

- Leg massage
to stimulate the tissues and acts against cellulite and water retention
- Head massage
to stimulate pressure and improves circulation in the scalp
- Shoulder and neck massage
to release muscle tension and to promote the elimination of toxins

50 min	
79€	
79€	
79€	

Beauty Studio

Aquavitae menu 2022

Manicure

- Gel manicure
manicure with gel polish (80 min)
- Classic manicure
classic manicure (50 min)
- Fast manicure
nail filing and polish (20 min)

Pedicure

- Gel pedicure
pedicure with gel polish (80 min)
- Classic pedicure
classic pedicure (50 min)
- Fast Pedicure
nail filing and polish (30 min)

Manicure & Pedicure

- Gel removal (20 min)

Waxing

- Full leg waxing (50 min)
- Half leg waxing (30 min)
- Bikini zone waxing (20 min)
- Hollywood waxing (30 min)
- Upper lips waxing (10 min)
- Armpit waxing (10 min)
- Arm waxing (20 min)

Eyelashes & Eyebrows

- Eyebrow shaping (20 min)
- Eyelash / eyebrow tinting (20 min)

duration & price
80 min - 70€
50 min - 40€
20 min - 30€

duration & price
80 min - 75€
50 min - 60€
30 min - 45€

20 min
17€

duration & price
50 min - 55€
30 min - 35€
20 min - 25€
30 min - 45€
10 min - 15€
10 min - 15€
20 min - 35€

20 min
20€
20€

Facial Treatments

Aquavitae menu 2022

Principe di Lazise Signature facial treatments

- Deep cleansing
deep cleansing. Excellent for the preparation of other treatments
- Anti aging
anti-aging face treatment with hyaluronic acid
- Snail skin facial treatment
brightening, rejuvenating, antioxidant facial treatment. Reduces free radicals
- Sun face mask
aloe-based face mask to calm the skin of the face after sun exposure
- Rehydrating face mask with yogurt
rehydrating, revitalizing and plumping yogurt face mask

50 min	80 min
74€	99€
74€	99€
74€	99€
20 min	
30€	
30€	

Team Dr Joseph facial treatments

- Purifying
purifying face treatment indicated for oily and acne-prone skin
- Cellular reaction
facial treatment with detoxifying botanical extracts
- Calming / sensitive skin
specific treatment for sensitive skin, tendency to redness and thin skin

50 min	80 min
74€	99€
74€	99€
74€	99€

Full Body Treatments

Aquavitae menu 2022

Principe di Lazise Signature body scrub

- Salt of Himalaya full body scrub
full body exfoliation with Himalayan oil and salts *
- Coconut oil and salt full body scrub
full body exfoliation with coconut oil and sea salts *
- Brown sugar full body scrub
full body exfoliation with almond oil and brown sugar *

* the 80-minute body scrub treatments include a 20' pack pose

50 min	80 min
74€	99€
74€	99€
74€	99€

Principe di Lazise Signature body wrap

- Detox mud full body wrap
aesthetic wrap that purifies the body
- Volcanic mud full body wrap
aesthetic wrap that works on cellulite with a draining and lipolytic action
- Seaweed wrap
antioxidant and reelasticizing skin wrap
- Refreshing light legs wrap
leg wrap to get light legs and stimulate microcirculation

50 min	80 min
	80€
	80€
	80€
74€	



AQJAVITAE WELLNESS & SPA



AQJAVITAE WELLNESS & SPA